

課程提供機構 Course Provider	香港演藝學院 The Hong Kong Academy for Performing Arts (HKAPA)	
學習範疇 / 課程組別 Area of Studies / Course Cluster	創意學習 / 表演藝術 Creative Studies / Performing Arts	
課程簡介 Course Introduction	<p>「舞出新機 — 舞蹈藝術」為高中課程應用學習的選修科目之一。本課程透過「三元學習：表演、創作和賞析」的教育理念，豐富學生自身、作為舞者及舞蹈創作者的體驗，以培育他們對舞蹈藝術的審美和修養。本課程提供全面和正確的舞蹈訓練，教授學生表演及創作舞蹈、評賞舞蹈，利用舞蹈引導認知學習。除了舞蹈專業領域介紹外，課程更著重全人訓練，發展學生的創意和想像力，提升他們的人際關係和自信心。</p> <p>Taking a Chance on Dance is one of the Applied Learning (ApL) courses offered to senior secondary students as an elective subject within the senior secondary curriculum. This course focuses on the aesthetic aspect of dance by engaging students in a holistic experience as people, dancers and makers of dance through the “Three Key Learning Processes: Performing, Creating and Appreciation”. It involves learning to perform and create dance, learning to appreciate and appraise dance, and using dance to support cognitive learning. The course also provides an all-around training to students, in developing their creativity and imagination, and on the other hand enhancing their interpersonal relations and self-confidence.</p>	
授課語言 Medium of Instruction	中文 Chinese	
學習活動特色 Learning Activity Highlights	<p>採用多樣化學與教模式（如：排練室及課室教學、講座、工作坊、綵排及演出、研討會及考察），舉行為期約兩周的密集舞蹈日營，讓學生共同創作、綵排及演出舞蹈作品。</p> <p>A broad range of learning and teaching modes are employed (e.g. studio and classroom teaching, lectures, workshops, rehearsals and performances, seminars and field visits); an intensive dance day camp (about 2 weeks) is being held in which students work collaboratively to create, rehearse and perform dance works.</p>	
升學路向及就業出路 Articulation to Further Studies and Career Pathways	<p>升學路向 Further Studies 例如：升讀與舞蹈、戲劇、舞台及製作藝術、媒體藝術及設計、音樂劇及文化政策與管理等的課程 e.g. programmes related to dance, drama, theatre and entertainment arts, media arts and design, musical theatre, and cultural policy and management</p> <p>就業出路 Career Pathways 例如：舞蹈創作與演出、製作及舞台管理、藝術行政、藝術教育、文化媒體與評論及娛樂等的相關行業 e.g. industries related to dance creation and performance, production and stage management, arts administration, dance education, cultural media and critics, entertainment</p>	
授課安排 Class Arrangements	<p>模式一 Mode 1 中五開課日期 S5 Commencement Date: 2026年9月 September 2026 時間Time: 逢星期五晚上、星期六上午或下午上課，每課三或四小時 Lesson will be held for 3 or 4 hours on Friday evenings, Saturday mornings or afternoons (註：部分課堂或安排於星期日及 / 或公眾假期及 / 或暑假期間進行) (Note : Lessons may also be scheduled for Sundays and / or public holidays and / or during summer holidays.)</p> <p>地點Venue: 香港演藝學院 香港灣仔告士打道1號 The Hong Kong Academy for Performing Arts 1 Gloucester Road, Wanchai, Hong Kong 及 / 或 AND / OR 香港演藝學院 香港薄扶林道139號 The Hong Kong Academy for Performing Arts 139 Pokfulam Road, Hong Kong 及 / 或 AND / OR 其他練習室 Other Studios</p> <p>模式二 Mode 2 課堂可安排於平日或星期六進行。視乎個別課程設施及器材需要，課堂可安排於開辦課程的學校及 / 或課程提供機構場地進行。 Lessons can be held on weekdays or Saturdays. Subject to facilities and equipment required for the individual courses, lessons can be held in schools offering ApL courses and/or at the venues of the course providers.</p>	
查詢 Enquiries	<p>電話 Tel: 2584 8721 電郵 Email: apl.excel@hkapa.edu 課程網址 Course Website: https://www.excel.hkapa.edu/zh/dse-applied-learning</p>	



核心單元 Core Modules

舞蹈基礎 The Fundamentals of Dance (79小時hrs)	舞蹈：過去、現在與未來 Dance: Past, Present and Future (45小時hrs)
<ul style="list-style-type: none"> • 舞蹈安全知識 Safe dance practice • 舞蹈音樂 Music for dance • 動作基礎 Fundamentals of movement • 舞蹈技巧 Dance techniques <ul style="list-style-type: none"> - 現代舞 Contemporary dance - 爵士舞及街舞 Jazz & street dance - 中國舞 Chinese dance 	<ul style="list-style-type: none"> • 透視舞蹈 Dance perspective <ul style="list-style-type: none"> - 舞蹈欣賞與賞評 Dance appreciation & review - 舞蹈歷史 Dance history • 本地舞蹈現況及展望 Local dance scene and prospects <ul style="list-style-type: none"> - 與藝術家會面 Meet-the-Artists - 舞蹈展望講座 Seminar on dance prospects - 模擬遴選 Mock audition • 舞蹈科技 Dance technology

選修單元 Elective Modules (56小時hrs)
(密集舞蹈日營 Intensive Dance Day Camp)

選修一：現代舞 Elective (1) : Contemporary Dance	選修二：中國舞 Elective (2) : Chinese Dance	選修三：街舞 Elective (3) : Street Dance
<ul style="list-style-type: none"> • 雙人舞 Partnering • 現代舞 Contemporary dance • 舞蹈創作 Dance making <ul style="list-style-type: none"> - 編舞 Composition - 即興創作 Improvisation • 排練及演出 Rehearsal & performance 	<ul style="list-style-type: none"> • 雙人舞 Partnering • 中國舞 Chinese dance • 舞蹈創作 Dance making <ul style="list-style-type: none"> - 編舞 Composition - 即興創作 Improvisation • 排練及演出 Rehearsal & performance 	<ul style="list-style-type: none"> • 雙人舞 Partnering • 街舞 Street dance • 舞蹈創作 Dance making <ul style="list-style-type: none"> - 編舞 Composition - 即興創作 Improvisation • 排練及演出 Rehearsal & performance



學生將學習選修的舞蹈類型技巧及創作，並運用於舞蹈表演的製作過程中。

Students will acquire proficient technique of various dance genres which enabling them to create and apply these skills in processes of dance production and performances.